

# AI & NUTRITION SHOWCASE

تَيَانَا الْكُور  
TATYANA EL-KOUR

## 01

### PODCASTS

#### November 2025

Body Image, AI & Diet Culture:  
How "What I Eat in a Day" Videos  
Impact Self-Worth | ANEW Ep 124

#### November 2025

Scroll, Click, Crave:  
How AI and Media Manipulate Our  
Eating Habits | ANEW Ep 123

#### October 2025

Invisible Influence: What's Really  
Driving Your Thoughts, Feelings &  
Behaviors? | Love, Happiness and  
Success with Dr. Lisa Marie  
Bobby

#### August 2018

The Use of Artificial Intelligence |  
In Prespective Kansas State  
University

## 02

### PRESENTATIONS

#### April 2026

"When AI Nutritional Nudges  
Harm: Digital Eating Risk in  
Dietetics". Speaker. 2026 Nutrition  
Informatics Symposium. Academy  
of Nutrition and Dietetics. Virtual.

#### October 2025

"Case Studies on Successful AI  
Integrations in Hospitals and  
Clinics". Invited Speaker. 3rd  
Annual Nutrition and Life  
Conference at King Saud  
University Medical City, Riyadh,  
Saudi Arabia.

#### October 2025

"AI's Potential to Predict Nutrient  
Deficiencies Before Clinical  
Symptoms Appear". Invited  
Speaker. 3rd Annual Nutrition and  
Life Conference at King Saud  
University Medical City, Riyadh,  
Saudi Arabia.

#### September 2025

"From Bytes to Bites: How AI and  
Behavioral Psychology Are  
Shaping the Future of Nutrition".  
Speaker. Singapore Nutrition and  
Dietetic Association. Virtual.

#### August 2025

"Shaping Choices: How AI and  
AGI Influence Media  
Consumption, Food Decisions,  
and Consumer Psychology".  
Speaker. Symposium entitled "  
The AI Revolution: Exploring  
Social and Psychological Impact  
of Strong AI". 2025 American  
Psychological Association Annual  
Convention. Denver, CO, USA.

#### April 2025

"Adapting AI from Various Sectors  
to Strengthen Nutrition and  
Dietetics Workforce Capacity".  
Oral Research Poster Presenter.  
2nd International Affiliate of the  
Academy of Nutrition and  
Dietetics (IAAND) Virtual  
Conference. Academy of Nutrition  
and Dietetics. Virtual.

#### September 2024

"Artificial Intelligence in Nutrition  
Practice: Current and Future  
Applications and Implications".  
Invited Speaker. Academy of  
Nutrition and Dietetics and  
Nutrition Informatics Dietetic  
Practice Group Webinars.

#### May 2024

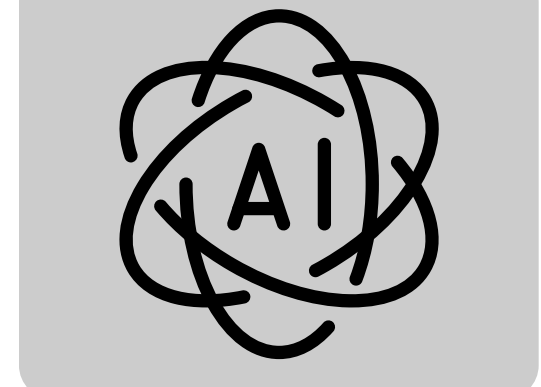
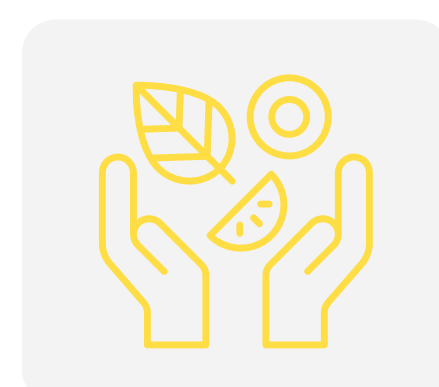
"AI & Clinical Nutrition". Invited  
Keynote Speaker. Sodexo.  
Sodexo Virtual Platform.

#### April 2024

"AI & Nutrition: Has the Inflection  
Point Arrived?". Invited Keynote  
Speaker. Virginia Academy of  
Nutrition & Dietetics (VAND) 95th  
Annual Educational Conference.  
Harrisonburg, VA, USA.

#### October 2023

"Disrupting the Health System  
Cycle: Reimagining AI's Role for  
Nutrition-Smart Practice".  
Speaker. 2023 Academy of  
Nutrition and Dietetics Food and  
Nutrition Conference and Expo™  
(FNCE®). Denver, CO, USA.



### RESEARCH SCHOLARY ACTIVITIES

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## November 2020

"Strategizing Digitalization in Practice: Luxury or Necessity?". Speaker. 14<sup>th</sup> Dubai International Food Safety Conference 2020. ILSI Scientific Symposium. Dubai, UAE. Virtual.

## November 2020

"Use of Technology to Build Resilience in Food Systems". Panelist. 14<sup>th</sup> Dubai International Food Safety Conference 2020. ILSI Scientific Symposium. Dubai, UAE. Virtual.

## November 2019

"Disrupting the Hunger Cycle in a Digital World". The 2019 32<sup>nd</sup> Doris Drees Distinguished Speaker. University of Dayton. Dayton, OH.

## May 2018

"Dietetics 3.0: Transforming Practice through AI Engagement". 2018 Shugart Lecturer. Kansas State University. Manhattan, KS.

## August 2017

"The Mediated Appetite: How Will We Eat in 2050?". Session Speaker. Symposium entitled "The Accelerating Landscape: Virtual Reality, Avatars, Robotics, and Artificial Intelligence". American Psychological Association Annual Convention. Washington, DC, USA.

## 03

### PUBLICATIONS

#### PEER-REVIEWED ABSTRACTS

**El-Kour, T.** (2025, June 16-18). The Role of Artificial Intelligence in Shaping Future Consumer Food Choices: A Scoping Review [Oral Presentation]. Future Foods Congress 2025. Singapore Expo, Singapore.

**El-Kour, T.** (2025, April 2-9). Adapting AI from Various Sectors to Strengthen Nutrition and Dietetics Workforce Capacity [Oral Presentation]. 2nd International Affiliate of the Academy of Nutrition and Dietetics (IAAND) Virtual Conference.

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